

Items		Content of tests
Visceral fat measurement test		
Examination of the lower digestive tract		Enema
Gastroscopy		Transnasal, oral
Medical checkup of the prostate gland		Medical consultation and interview, tumor marker (PSA)
Gynecological tests		Cervical cancer screening
		Endometrial cancer screening
Breast cancer examination (breast ultrasound examination)		Palpation, ultrasound
Breast cancer examination (mammography)		Palpation, mammography (X-ray)
Bone density measurement test		Ultrasound, blood test (phosphorus, calcium)
Abdominal CT		Gall bladder, liver, pancreas, kidneys, spleen, visceral fat
Tumor markers		CEA, CA19-9, CA125
Medical checkup of the brain		Cranial MRI and MRA, carotid artery MRA, and ultrasound
Simplified medical checkup of the brain		Cranial MRI and MRA
Medical checkup of the lungs		Chest CT and sputum cytology Tumor markers (SCC, CYFRA)
Medical checkup for women (as an option of a comprehensive medical checkup)	Course A	Tumor markers (CEA, CA125), breast ultrasonography, cervical cancer screening, uterine/ovarian ultrasonography, endometrial cancer screening, bone density measurement
	Course B	Tumor markers (CEA, CA125), breast ultrasonography, cervical cancer screening, uterine/ovarian ultrasonography, bone density measurement
	Course C	Tumor markers (CEA, CA125), mammography, cervical cancer screening, uterine/ovarian ultrasonography, endometrial cancer screening, bone density measurement
	Course D	Tumor markers (CEA, CA125), mammography, cervical cancer screening, uterine/ovarian ultrasonography, bone density measurement