

Items	Content of tests
Body measurements	Height, weight, blood pressure measurements, abdominal circumference
Medical examination	Medical interview
Blood test	Anemia, rheumatoid arthritis, etc.
Serologic test	Blood type, syphilis, etc.
Hepato-biliary-pancreatic function test	GOT, GPT, γ -GPT, LAP
	LDH, hepatitis B, hepatitis C, etc.
Kidney function test	Blood urea nitrogen, uric acid, etc.
Diabetes test	Fasting blood glucose, HbA1c
Hyperlipidemia test	Serum cholesterol
	Triglycerides, etc.
Cardiovascular examination	ECG
Upper gastrointestinal tract examination	Gastrointestinal X-ray examination
	Gastroscopy
Lower gastrointestinal tract examination	Fecal test, occult fecal blood (twice)
	Enema examination
Cranial nervous system examination	Cranial MRI examination
Circulatory system examination	Ankle-Brachial Index measurement
Examination of the liver, bile, pancreas, and kidneys	Abdominal ultrasonography
Ophthalmological examination	Visual acuity, ocular pressure, ocular fundus test
Otolaryngological examination	Hearing test
Urological examination	Prostatic gland test
Bone test	Bone density measurement (osteoporosis)
Cancer screening, tumor markers	CEA (colon cancer, lung cancer)
	CA19-9 (pancreatic cancer, bile duct cancer)
	PSA (prostate cancer)
	CA125 (ovarian cancer)
Gynecological tests	Uterine cancer test (pelvic examination, cytologies)
Breast tests	Clinical breast examination; ultrasound examination

Pulmonary tests	Chest CT (lung cancer screening)
	Chest X-ray
	Respiratory function examination
	Sputum examination
Guidance on lifestyle-related diseases	Lifestyle-related disease guidance